EVENTS & TOURISM

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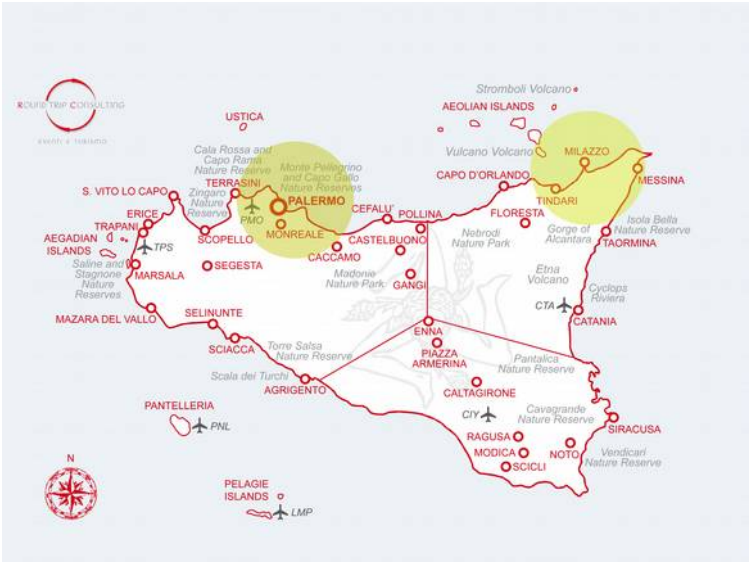
Sicily Flying Tour

Accommodation: 3 nights at a 4-star hotel in the centre of Palermo and 4 nights at a 4-star hotel in Milazzo .
Paragliding flights: Piana degli Albanesi, Siculiana, Pollina, Capo Calavà, Taormina.
Visits and excursions: Palermo, Monreale, Scala dei Turchi, Madonie National Park, Aeolian Islands, Mt. Etna.
Treatment: Half Board or Full Board.
Notes: Departure guaranteed with 2 people; English speaking courier provided.



Your bases: Palermo, located on the Northern coast, boasts more than 2700 years of history and a great cultural diversity; Milazzo right in front of the Aelolian archipelago. Both are the perfect base points to explore the Island and reach the most important natural and cultural Sicilian sites in the quickest and easiest ways possible.

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Sicily Flying Tour

Detailed 8 days - 7 nights itinerary

Day 1 – PALERMO

Direct transfer from Falcone e Borsellino Airport (Palermo, PMO) to your 4-star hotel in the centre of **Palermo**, in the Northern coast of Sicily.

The hotel is close to Politeama theatre and Via Libertà, the most elegant fashion street in Palermo, rich in prestigious retailers.

Enjoy a welcome cocktail and spend your time at leisure(*). Time for leisure and dinner.

Overnight: 4-star hotel in Palermo.

(*) According the arrival time, it is possible to experience one or more of the following activities in Palermo:

- Have a guided walking tour through the magnificent historic centre of Palermo, full of heritage, art and culture: enjoy the Arab-Norman circuit (included in the **Unesco World Heritage list** in 2015) with the Normans Palace, the Palatine Chapel and the Cathedral.
- Reach the neighboring small borough of Mondello, one of most popular tourist place in Italy, with a gorgeous sand beach. Enjoy the clear waters of Capo Gallo Nature Reserve.
- Visit Mt. Pellegrino, the most famous mountain in Palermo. During his “Italian Journey”, Goethe described it as “the most beautiful promontory in the world”. Visit the church of Santa Rosalia inside a stunning cave and then start a relaxing trail to a panoramic point over the northern coastline.

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Day 2: PIANA DEGLI ALBANESI AND MONREALE

After breakfast transfer to **Piana degli Albanesi**, a small town surrounded by mountains, woods and a stunning lake. Enjoy your first paragliding flight in Sicily.

Have a lunch at a typical Sicilian restaurant and taste the famous "Cannolo", a great Sicilian pastry with ricotta (cheese cream).

In the afternoon visit **Monreale**, a small town 10 km far from Palermo.

Its Norman Cathedral is one of the finest example of sacred architecture in the world because of its famous painting of Christ Pantocrator, the refined Byzantines mosaics and the cloister built by the Benedictines during the 12nd century.

Return to your hotel in Palermo in the evening. Time for leisure and dinner.

Overnight: 4-star hotel in Palermo.

Day 3: SICULIANA AND SCALA DEI TURCHI (OR AGRIGENTO)

After breakfast transfer to **Siculiana** in the southern coast of Sicily.

Have a flight in the Nature Reserve of Torre Salsa and a soft landing on a stunning beach.

Enjoy a Sicilian lunch at a a nice farm house near Agrigento.

In the afternoon visit the **Scala dei Turchi**, an astonishing white cliff with a white sandy beach. Spend your time taking pictures or relaxing at the beach.

Alternatively visit the **"Valley of the Temples"**, a splendid archaeological park near Agrigento; it is included in the Unesco Heritage Site list in 1997.

Return to Palermo in the evening and have time for leisure and dinner.

Overnight: 4-star hotel in Palermo.

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Day 4: MADONIE NATIONAL PARK

After breakfast transfer to **Madonie National Park**, near **Pollina**.

Have a great flight with takeoff from the hill over Pollina and a soft landing on a beach below.

After a great lunch at a typical restaurant, reach the **Gorges of Tiberio**.

Carved by the river Pollina over thousands of years, the Gorges of Tiberio are one of the most fascinating places in the Madonie National Park.

This site is a Unesco Geopark because of its calcareous rocks rich of 200 millions years old fossils.

You can cross and enjoy the gorgeous canyon (long 250 meters – and deep 50 meters) navigating its calm waters by a small rubber dinghy.

The patterns of light created by the the water reflecting on the walls, the silence of an unspoilt nature and the great biodiversity of this location make you feel in an amazing primordial world.

The visit of the Gorges of Tiberio represents an adventurous moment for people who love practicing fluvial sports. As you go beyond the gorge, you can hike along Pollina River and finally reach a beautiful place where it is also possible to swim in the uncontaminated water surrounded by nature.

Transfer to Milazzo in late evening. Time for dinner.

Overnight: 4-star hotel in Milazzo.

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Day 5: AEOLIAN ARCHIPELAGO

After breakfast transfer to the harbour of Milazzo and start the navigation to **Aeolian Islands**, one of the most stunning archipelagos of the world.
Reach **Lipari** and visit its historic centre and its important museum of archaeology.
Enjoy “Cave di Pomice” (Pumice quarry), a white coastline where waters have an incredible kind of blue. Spend your time swimming and snorkeling.

Reach **Vulcano**, the 3rd Sicilian active volcano and also an island with beautiful black sand beaches.
Have a lunch at a typical Sicilian restaurant. Enjoy a hot mud sulphur bath or an easy hiking to the top of the volcano: you can reach the crater in 40 minutes from the beach.
Come back to Milazzo in late evening. Time for dinner.
Overnight: 4-star hotel in Milazzo.

Day 6: CAPO CALAVA'

After breakfast transfer to **Capo Calavà** a stunning beach in the area aof **Nebrodi National Park**. Take off from the hill and land on the beach.
Have a lunch at a typical restaurant and spend the afternoon relaxing at the beach or hiking in the Nebrodi National Park.
Come back to Milazzo in the evening. Time for dinner.
Overnight: 4-star hotel in Milazzo.

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Day 7: TAORMINA AND MT. ETNA

After breakfast transfer near **Taormina** in the East Coast.
Fly from **Castelmola**, a small village just a few km far from Taormina but in highest position. Enjoy the magnificent view on the Ionian coast of Sicily and land on the beach near Letojanni.
After a great lunch at a typical restaurant in Taormina, visit **Mt. Etna**, the tallest active volcano in Europe (3.329 m – 10.922 ft). It was added to the list of Unesco World Heritage Sites in June 2013.
Enjoy a drive to Silvestri Craters in the south of the volcano or combine an adventure tour by 4wd vehicles with a pleasant walk to admire the signs of last eruptions in the North area.
Come back to Milazzo in late evening. Time for dinner.
Overnight: 4-star hotel in Milazzo

Day 8: DEPARTURE

Have your breakfast at your hotel. Check-out and have a transfer to **Fontanarossa Airport** (Catania, CTA).
According your departure time, visit **Catania** and enjoy a guided walk through its Baroque city centre (a UNESCO World Heritage Site).

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Target: this is a private tour which can be arranged for individual customers and small groups.
It gives the chance to visit the most stunning places of Sicily and explore the island in a conscious way, living every day a new exciting experience in a different paragliding site, in harmony with yourself and the environment.
Transfers: the package includes transfers by comfortable cars or minibus.
Staff: the package includes professional English speaking FIVL pilots (Italian Federation of Free Flight), qualified couriers, guides and drivers (other languages on request).
Accommodations: the package include a stay at a 4 stars hotels in the centre of Palermo and Milazzo. This solution gives you the chance to enjoy shopping, restaurants and the night life (walking distance to the hotels). On request, we can provide you with 5 stars resorts and agrirelais near the national parks or close to the sea.
Lunches: we have selected the best restaurants and farms where you can find out the most authentic Sicilian cuisine! Our packages always include lunches.
Tasting: packages include tastings of Sicilian food and wine excellencies.
Diners: packages can include the full-board treatment with dinners at the hotel's restaurants or at the best restaurants in the city. In the second case you can combine the dinner with a tour of the city by night.
Philosophy and Customization of the tour: our itineraries help you to relax and optimize your time in Sicily. Palermo and Milazzo are the perfect base points to explore the Island.
You don't have to change hotel everyday (no need to pack and unpack your luggages every time) because distances between towns and the most important Sicilian sites are short.
You can personalize this tour according your needs (you can add places to visit or extend the duration of your tour).
On request we can provide you with transfers from/to other Sicilian airports (different from the scheduled ones). According to your flights a reverse itinerary is available.
Price: the final price quote will be established in accordance with the services chosen and the number of participants.

Technical Organization:
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Insurance: Unipolsai Assicurazioni n.1/2483/319/103807707

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HOW TO SEND YOUR ENQUIRY

Push the correspondent button "**SEND ENQUIRY**" in the THEMATIC TOURS page. Use the notes to tell us your special needs. Fill up the form and let us contact you!
If you want to contact us by phone, please call these numbers:
Office: **0039 091 540830** Mobile: **0039 380 5220620**
If you want to contact us by Skype, our Skype address is: **RoundTrip.Sicily**

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Key Facts – Sicily

Sicily is **the largest Italian region**, a "little continent" rich in art, culture, archaeology, history (a list of **20 Unesco World Heritage Sites**), breathtaking sceneries, (**4 Regional Parks, 77 Nature Reserves and 3 volcanoes**), crystal clear waters, quiet medieval towns, refined cuisine, great wines, important literary traditions, myths and legends.
Sicily is a **safe and exclusive destination** just few hours by plane from anywhere in Europe.
Thanks to its sceneries, heritage and mild climate, it attracts **5 millions annual tourists** from all over the world.

HISTORY OF SICILY

Sicily has been inhabited since the Paleolithic and Mesolithic. It had been part of the **Ancient Greece**, and then it was invaded and ruled by many different conquerors, such as Romans, Arabs, Normans, Swabians, Spanish and French. Those populations, of course, brought in the island their arts, science, culture and architecture.

GEOGRAPHY

Sicily has a roughly triangular shape, which earned it the name of **Trinacria** (in Greek "three promontories").
Sicily is in the middle of **Mediterranean Sea** and it is the **largest** of its islands. Sicily's interior offers a wide variety of landscapes: mountains, hills, gorges and two fertile large plains around Catania and Palermo.

Mount Etna (10900ft/3348 meters) is the largest and the tallest active volcano in Europe. It is also the tallest mountain in Sicily.
Palermo is the capital (population: 700.000). Sicilian population is 5.000.000. Sicily has got **6 airports** to provide easy access to the various areas of the island; they are well served by international, national and low cost airlines. A direct flight connects New York City to Palermo.
Time Difference: GMT +1 Hour. Currency: Euro

CLIMATE

Sicily has a **Mediterranean climate** with dry and warm summers and mild, wet winters.

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Average High Temp °C (°F)	15 (59)	15 (59)	16 (61)	18 (64)	22 (72)	25 (77)	28 (82)	30 (86)	27 (81)	23 (73)	19 (66)	16 (61)	20 (68)
Average Low Temp °C (°F)	10 (50)	10 (50)	11 (52)	13 (55)	16 (61)	20 (68)	23 (73)	24 (75)	22 (72)	18 (64)	14 (57)	11 (52)	16 (61)
Precipitation mm (inches)	72 (2.83)	65 (2.56)	60 (2.36)	44 (1.73)	26 (1.02)	12 (.47)	5 (.20)	2 (.08)	42 (1.65)	98 (3.86)	94 (3.7)	80 (3.15)	611 (24.06)
Hours of Daylight	10	11	12	13	14	15	14.5	14	12.5	11	10	9.5	Monthly Averages
Hours of Sunshine	4	4.5	6	7	9	11	12	10	9	6.5	5	4	Monthly Averages

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SICILIAN FOOD AND WINE

Sicilian cuisine, based on the values of the Mediterranean diet (Unesco Heritage), is a rich melting pot of flavors and unique combinations.
With the help of the most skilled chefs you will discover the ancient Sicilian culinary tradition that is the result of many foreign cultures alternating in the island during its many centuries of history.

Sicilian foods are combined with the most refined Sicilian wines because the island had a strong wine-growing vocation (Greek settlers produced wine in Sicily before the Romans started their own vineyards in the 2nd century B.C.).

If you are a food lover and appreciate culinary art, you will be welcomed in the most charming restaurants and most beautiful wineries. You will always enter in a stimulating sensory environment where you will be seduced by amazing flavours and essences.

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Since more than 6000 years Sicily has been a “Top Destination” in the center of the Mediterranean Sea: an inexhaustible source of surprises that never fails to fascinate everyone who visits her.

Sicily is the largest Italian region, a “little continent” rich in art, culture, history, breathtaking sceneries, refined cuisine and great wines.

Explore your need…
we will provide you with the best end-to-end solutions!

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